

St. Demetrius Ukrainian Orthodox Cathedral



www.stdemetriusuoc.org
 641-645 Roosevelt Ave.
 Phone: (732) 541-1530 – mobile (732) 619-3259
 Rev. Fr. James Cairns, Pastor
frjamescairns@gmail.com
 Protopresbyter Dr. Taras Chubenko, Pastor Emeritus



Epistle Rom. 15:1-7

Tone 6

Gospel: Mt. 9:27-35

July 31st – 7th Sunday after Pentecost

Commemoration of the Holy Fathers of the First Six Councils

TODAY'S SERVICES:

Sun. 9:00am Divine Liturgy – 7th Sunday after Pentecost – Commemoration of the Holy Fathers of the First Six Councils (movable holiday on Sunday closest to July 29). Martyr Emilian of Silistra in Bulgaria (363). Martyr Hyacinth of Amastris (4th c.). Ven. Pambo, hermit of Egypt (386). Ven. John the Long-suffering of the Kyiv Caves (1160). Ven. Pambo, recluse of the Kyiv Caves (1241).

SERVICES FOR THE WEEK:

Tues. 7:30pm Bible Study – Virtual or in Person
 Sun. 9:00am Divine Liturgy – 8th Sunday after Pentecost
 Sun. 10:15am Memorial Service for Helen Maslankowski (3rd anniversary) by her sister Catherine Shaffer

Altar Servers: Subdeacon J.D. Cairns, Qorey Carter, Ryan Fealy

Reader: Subdeacon Thomas Bodnar or Subdeacon J.D. Cairns

PLEASE CONTINUE TO PRAY FOR: Grace Nartowicz, Metropolitan Antony, Peter Meka, Robert Cousins, John Happy Sr., Bill Stokes, Joan Nardi, Marci Pusillo, Pani Mary Ann, David Deli, Richard Hycuna, Diane Decibus Morgan, John Piropato, John Zelenak, Hilda Zuccaro, Thomas Zuccaro, Joseph Nardi, Olga Piropato, Nancy Grabie, Mary Wrubleski, Margaret York, Ronald York, Ann Holoob, Bruce Wadiak, Patty Tucker, Michelle Goldberg, Raymond Wizna, Catherine Ann Bylinski, Anna Muzyka, Kathleen Ward, Olivia Zazworsky, Andrew, Christopher, Sarah, David, Alexander, Joseph, John, Kirsten, John, David, Bill and Gloria & children Timothy, Mary, Oskar, Tessa, Robert, Jacob, and Jonathan, remembering all the sick, the

suffering, those in hospitals and nursing homes, and all the men and women in the **US Military**, especially **Vitaly**, who serve our country and all of us. Please keep them in your prayers daily, asking God's protection upon them all.

HAPPY BIRTHDAY TO: Michelle Sica and Helena Pagoda and all those celebrating birthdays or special intentions, may the Lord grant you all "Many Blessed Years, Mnohaya Lita!"

Adult Bible Study: All are welcome either virtually or present in the rectory. We are reviewing Deuteronomy Chapters 6 – 10 this week.

Save the Date: Please save **SATURDAY AUGUST 13th** on your calendars for the Annual Church Picnic / Cairns Family Pig Roast to be held at the center. This will also be the goodbye party for Subdeacon James "JD". He has received his orders and he ships out to basic training on August 16th.

THANK YOU: To Anita Anderson for her donation towards the costs of repairs for the HVAC units at the church. Anyone else interested in helping out, please make out checks to the Building Fund – HVAC repairs.

SMALL CATECHISM

(What every Orthodox Christian should know)

The Seven Bodily Acts of Mercy	The Seven Spiritual Acts of Mercy
To feed the hungry	To convert sinners to the path of righteousness
To give drink to those who thirst	To instruct the ignorant
To cloth the naked	To advise the doubtful
To give shelter to the traveler	To comfort the sorrowful
To visit the sick	To hear personal wrongs patiently
To visit the imprisoned	To forgive offenses
To bury the dead	To pray for the living and the dead

ALL EMERGENCIES: PLEASE MAKE SURE TO CALL FATHER JAMES for any and all emergencies – for hospital, nursing home, or home visitations. PLEASE call his Cell number 732-619-3259, if necessary, please leave a voice message, Father will return your call. THANK YOU.