

# St. Demetrius Ukrainian Orthodox Cathedral



[www.stdemetriusuoc.org](http://www.stdemetriusuoc.org)

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Rev. Fr. James Cairns, Pastor

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Protopresbyter Dr. Taras Chubenko, Pastor Emeritus



**Epistle** 2 Tim: 4:5-8

Tone 7

**Gospel:** Mk. 1:1-8

**January 17<sup>th</sup>, 2021 – 32<sup>nd</sup> Sunday after Pentecost**

**Forefeast of the Theophany**

**TODAY'S SERVICES:** *Today's Greeter: Stan Nartowicz*

Sun. 9:00am Pro-Liturgy – **32<sup>nd</sup> Sunday after Pentecost** – Forefeast of the Theophany, Synaxis of the Seventy Apostles. Ven. Theoctistus, abbot at Cucomo in Sicily (800). Martyr Zosimas the Hermit and Martyr Athanasius the Commentarius, anchorites of Cilicia (3rd-4th c.). Ven. Aquila, deacon of the Kyiv Caves (14<sup>th</sup> c.). **Thank you to Father Deacon Valentin Olynyk serving today**

**SERVICES FOR THE WEEK:**

Mon. 7:00pm THEOPHANY EVE COMPLINES - Blessing of Water  
Tues. 9:00am Divine Liturgy –THE HOLY THEOPHANY OF OUR LORD, GOD, AND SAVIOR JESUS CHRIST.  
Blessing of Water immediately following Liturgy.  
Sun. 8:30am Sacrament of Confession – Fr. James will be available to any who desire confession every Sunday starting at 8:30 AM.  
Sun. 9:00am Divine Liturgy – 33<sup>rd</sup> Sunday after Pentecost

***NEXT WEEK's Greeter: TBD***

**Altar Servers:** Subdeacon J.D. Cairns, Qorey Carter, Ryan Fealy

**Reader:** Subdeacon Thomas Bodnar or Subdeacon J.D. Cairns

**PLEASE CONTINUE TO PRAY FOR:** Diane Decibus Morgan, John Pirocato, Peter Prociuk, John Duma, John Zelenak, William Stokes, Hilda Zuccaro, Thomas Zuccaro, Joseph Nardi, Olga Pirocato, Nancy Grabie, Robert Cousins, Chester Bohanek Jr., Mary Wrubleski, Margaret York, Ronald York, Ann Holoob, Jeanette Stokes, Pani Mary Ann, Bruce Wadiak, Patty Tucker, Michelle Goldberg, Alan Toth, Raymond Wizna, Catherine Ann Bylinski, Anna Muzyka, Kathleen Ward, Olivia Zazworsky, Andrew, Christopher, Sarah,

Arthur, Debra, James, Rick, Jerome & children Karina, Oskar, Tessa, Robert, Jacob, and Jonathan, remembering all the sick, the suffering, those in hospitals and nursing homes, and all the men and women in the **US Military**, especially **Vitaly Pacej**, who serve our country and all of us. Please keep them in your prayers daily, asking God's protection upon them all.

**HAPPY BIRTHDAY TO:** Karina Strashinsky, and all those celebrating birthdays or special intentions, may the Lord grant you all **"Many Blessed Years, Mnohaya Lita!"**

**The Church needs you (Still)!** Thank you to everyone who has been generously making donations to the church's building fund. As promised last week, the building committee has prioritized the next set of projects and created budget for each. They are as follows: Gutters for the Pavilion - \$2000; Security fencing around the center - \$4500; New Commercial Refrigerator for the Center - \$2000. When we finish these, we will start to create budgets for other projects previously mentioned.

## SMALL CATECHISM

(What every Orthodox Christian should know)

Instruction about Prayer	
<i>What Helps Prayer</i>	
1.	Reading the Bible (every day) and the writings of the Holy Fathers help you understand the way a true Christian should live.
2.	A life in accordance with the commandments of God. In order for Him to attend to us, we must be attentive to Him.
3.	Reflection about your day – considering how you may have sinned against God and how you may have harmed others.
4.	A pure conscience and participating in the Holy Mysteries.
5.	Fasting.
6.	Acts of charity that help others and enable the Mercy of God to be evident in us.
7.	A constant and unrelenting struggle against the passions, sinful deeds and evil thoughts, which influence the soul. The Holy Fathers have written that there are eight major passions to avoid: A love of food, lust, love of money, and material goods, anger, strife over earthly concerns, spiritual disillusion and negligence, a desire for personal glory and pride.

All Saints Camp Lucky Calendars for 2021 will be available mid-January. If you are interested in purchasing one or more, please contact **Nadja Mrak** at **732-259-7306**. Thank you for your support.

**ALL EMERGENCIES:** PLEASE MAKE SURE TO CALL FATHER JAMES for any and all emergencies – for hospital, nursing home, or home visitations. PLEASE call his Cell number 732-619-3259, if necessary, please leave a voice message, Father will return your call. THANK YOU.